



## Halesworth & District

Halesworth & District u3a was established in 2003 and now has several hundred members.



Members come from both Halesworth and the surrounding villages.

We are a self-funded, democratic organisation managed by a small committee of members elected at our AGM.

We are affiliated to the national Third Age Trust which gives all members and groups access to a wealth of information and support.



## Membership Information

Produced by  
Halesworth & District u3a



For the latest information go to [u3asites.org.uk/Halesworth](http://u3asites.org.uk/Halesworth) or just search 'Halesworth u3a'

or scan the QR Code



Learn, Laugh, Live  
with Halesworth u3a



## Halesworth and District



Join in the fun!



learn,  
laugh,  
live

Becky Canham MIMXXII [www.beckycanham.com](http://www.beckycanham.com)



## Halesworth & District

### Who can join the u3a?

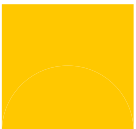
There is no age restriction for joining the u3a as membership is not related to age but to a period in one's life (the third age) after the second age of full-time employment and/or parental responsibility.

Anybody in their third age can join u3a and this includes people who are working part time.

### Monthly Meetings

We hold an open meeting and talk at The Cut Arts Centre in Halesworth on the third Tuesday of each month (2:30pm).

We invite a variety of interesting speakers covering a wide range of sometimes unexpected but nevertheless fascinating topics. Non-members are also welcome to join us for a small charge.



### Interest Groups

We have over 20 different interest groups covering a wide range of subjects and activities.

Our groups depend on members sharing their skills, expertise and enthusiasm. Some are outdoor activities; others meet in hired rooms or members' homes. Details of each activity are on the "Groups" page of our website.

### How to join a group

You can contact each group coordinator through our website; just click on the Blue Bird for that group to leave a message.



You are welcome to drop in at the monthly New Members Coffee Hour at The Cut Café to find out more about the groups.

### Keeping you informed

We use email and our website to keep members informed about our activities. Information about the interest groups, monthly talks and occasional social events is in our newsletters and on our website. If you are not online we may be able to pair you up with a member near you who is, or post information to you.

### Magazine

Members can choose to receive a copy of 'Third Age Matters' the national quarterly magazine as part of their membership.

### Membership

Costs £15.00 per year.

Payment by bank transfer, standing order or cheque accepted.

To join:

- ◆ Email our membership secretary directly from our website – just search for 'Halesworth u3a' and go to the contacts page.
- ◆ Print and complete an application form from the Welcome page, or
- ◆ Membership forms can be picked up from the Halesworth library.
- ◆ Meet us at our New Members Coffee Hour at The Cut; 11am–12pm last Friday of the month (except December).

### And finally

Should you choose to join us, or have recently done so, we hope you will make new friends, learn new skills and enjoy being part of Halesworth & District u3a.

